

# Meeting Ground Rules Example



- We will stay focused.
- Cell phones off to promote our time effectiveness and full attention.
- The individual will have the first opportunity to respond to questions – family members next.
- The individual can pass, stop, or ask to move on if an issue is sensitive or too personal to discuss in this meeting.
- The process is meant to build on strengths, so let's be positive and use positive language.
- All input is welcome and respected – no idea is “silly.” Don't interrupt.